



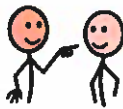
April is National Stress Awareness Month.



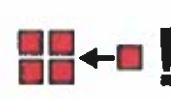
Everyone feels stress sometimes.



You can do activities to feel less stress.

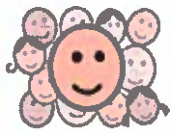


Other people can help you too !



What do you do when you feel stress ?





person in the news



WHO



SCHOOL COUNSELOR



A school counselor works in a school.



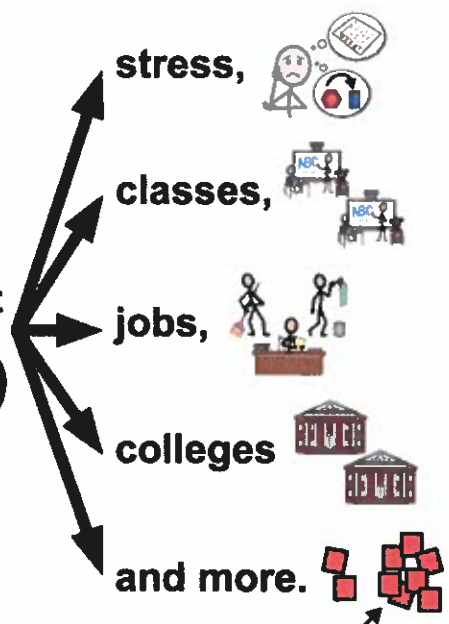
A school counselor usually has an office in a school.



A school counselor helps students.



A counselor talks to students about





place in the news



WHERE



SCHOOL



A school counselor works in a school.



Teachers teach students in a school.



Cities may have many schools.



Cities may have

